

Martinsville Parks and Recreation



Youth Baseball



New Skate Park

2011

Summer

Activity Guide



Disc Golf



Bible Study at the Senior Ctr.



Seniors Playing Rook



Youth Football



Cruise In—Every 3rd Sat.

ALL INSIDE...

New!!!! - Canoe Rentals at Beaver Creek Reservoir
Canoe Over Night Camping Trip

Short Sports for Toddlers Football & Cheer
Creative Kid's College Cruise Ins Bike Rodeo
Screen on the Green 2011 Smith River Festival
Annual Health Fair and Craft Show Bus Trips
Wii Bowling for Seniors Senior Dances



Mustangs

Welcome...

Thank you in advance for picking up Summer 2011 issue to view all the great programs and services we are offering over the Summer months. Martinsville Parks and Recreation strives to improve the quality of life for Citizens of Martinsville and Henry County by providing comprehensive recreational programming for you! Please feel free to contact any of our staff to obtain any answers you may need or to sign up for any of our classes or services being offered. Also, please come out and support our Summer Collegiate ball team this year, the Martinsville Mustangs. We are entering our 7th Season and we need the support of our Community members to keep baseball alive in Martinsville. Thank you again and we at MPR wish everyone a prosperous 2011 Summer.

Martinsville Parks and Recreation Staff & Office Information

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Park Maintenance

Randy Martin

Park Maintenance

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Main Office

746-B Indian Trail • Martinsville, VA 24112 • Phone: 276-403-5140

Fax: 276-403-5376 • email: spenn@ci.martinsville.va.us

Office Hours: Monday - Friday, 8am-5pm

Senior Center

P.O. Drawer 1329/21 Moss Street • Martinsville, VA 24114 • Phone: 276-403-5260

email: bpace@ci.martinsville.va.us or dharris@ci.martinsville.va.us

Office Hours: Monday - Wednesday, 8:30am-4pm & Thursday - Friday, 8:30am-3:30pm



Canoe Rentals

Beaver Creek Reservoir

More Info. on Page 11



Annual Health Fair and Craft Show

On Page 8



Table of Contents

Welcome Information/Dept. Info.....	2-3
Toddlers/Preschool Programs.....	4
Youth Sports.....	4
Youth Programs.....	5
Adult Sports.....	6
Outdoor/Canoe/Kayak Programs.....	6
Special Events.....	7
Senior Center Programs/Services.....	8-9
Programs of Interest.....	10
Area Hiking/Biking/Walking Trails.....	10
National Guard Armory Rental Info.....	10
Parks and Shelter Rental Info.....	11
Martinsville Mustangs Schedule.....	12

SPONSOR A CHILD

Make a memory to last a lifetime! You can give a child the opportunity to experience the joy of playing a sport or participating in an activity.

The following amount will sponsor a child for one of the following: Football/Cheer - \$40 or Baseball/Basketball/Flag Football - \$25.

Contact the Department for more information or send a check payable to
Martinsville Parks and Recreation (designate what you would like to sponsor). Sponsorship form is on our website.

SPONSOR A TEAM or BROCHURE ADVERTISEMENT

Sponsor a youth sport team. Fee is \$100 per team,

your company name is placed on the back of the team shirts and you will receive a team shirt and a plaque with the team's picture.

Your company name is in the paper every time scores or news are reported. Place a business card advertisement in our activity guide for \$150 for all our local citizens to see.

VOLUNTEER OPPORTUNITIES

Martinsville Parks and Recreation need volunteers to help with coaching, officiating, trail work, landscaping, and assisting with various activities and sports. If interested, please contact our Department.

www.martinsville-va.gov

403-5140

Parks and Recreation Information Line:

276-403-5256

For Park Information, Press 1

Event Cancellations, Press 2

Current Youth Sports, Press 3

Current Adult Sports, Press 4

Upcoming Sports, Press 5

Toddlers & Preschool

Toddler Art Camp

Ages 3-6. Activities - T-shirt color spray, water colors, model clay, play time, and much more...

DATE/TIME: July 12-14, 4-5p

LOCATION: National Guard Armory FEE: \$12



Short Sports

Short Sports is a program geared towards 3-6 year old children who want to start learning the basic motor skills to basketball, baseball, soccer, golf, tennis and football. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and ran by Henry County Parks & Recreation and Martinsville Parks & Recreation. Call 634-4640 to register and for more info.

DATE/TIME: Mondays starting June 13th, 6 weeks

every Monday, 5-5:45p Exception - skipping July 4

LOCATION: National Guard Armory FEE: \$10



Early Literacy "Story Times"

Children will listen with their imaginations during story time at the Blue Ridge Regional Library every week ongoing. Call 403-5430 for more information.

DAYS/TIMES: Toddlers 2-3 yr. olds - Tuesdays, 9:30am

Preschoolers ages 4-5 yr. olds - Tuesdays, 10:30am

Location: Blue Ridge Regional Library in Martinsville FEE: "Free"



Doodle Bugs Summer Science Explorers: Young Naturalist

Ages 3 - 5 with an adult

Discover nature as we explore the woods and stream in Frank Wilson Park behind the museum. You and your child will play outdoor games, create nature crafts, and make new discoveries together. Pre-registration required by August 1. Call (276) 634-4185 or e-mail discover@vmnh.virginia.gov for more information.

DATES/TIMES: August 9-11, 9:30-11:30am

LOCATION: Virginia Museum of Natural History

FEE: \$30 members; \$35 non-members

Youth Sport

BOWLING CAMP for ages 7-16

Sportlanes, Henry County Parks & Recreation and Martinsville Parks & Recreation will be hosting a summer bowling camp for children ages 7-16. Each child will be taught different techniques and instructions each day, along with a chance to bowl a couple of games. Space is limited so please sign up today! Call 634-4645.

DATE/TIME: Camp 1 - June 20-23 or Camp 2 - July 25-28

LOCATION: Sportlanes FEE: \$25 per camp

Youth Sports

CHEER AMERICA

Students will learn the following: fundamentals of pom and cheer-leading, dance routines, parade routines, cheers, chants, leaps, jumps, how to perform in front of audiences, and preparations for tryouts for middle school and high school squads. Classes are 45 minutes. More Information Please Call (919) 535-8304 www.ycoanc.com

DATES/TIMES: Mondays, May 23-Aug. 29, No class May 30, 6pm

LOCATION: Henry Co. Admin. Building

FEE: \$6 per lesson or pay in full for all classes



7th Annual Mustangs Baseball Camps

Join us for either of the two camps or both. 6 hours of instruction from Mustangs' Coaches and Players. Each participant will receive a camp T-Shirt and four General Admission seats for a future Mustang's home games. All camp participants will be recognized on the field before a Mustangs Regular Season Home Game too. The date of the home game will be in late July. Call Jim Taipalus to register and for more information - 403-5250. Forms are on our website below: www.martinsvillemustangs.com AGES 8 & UP

DATES/TIMES: Camp #1 - June 9-10 or Camp #2 - July 27-28

9am-12pm, each day

LOCATION: Hooker Field

FEE: \$40



Flag Football

Ages 6-8 (as of Oct. 1). FEE: \$25. Games played At Spruce St. or Jordan Creek Baseball Fields.

Deadline: Aug. 12th



Tackle Football Ages 9-10 & 11-13 teams (as of Oct. 1). FEE: \$40. Games played at Henry Co. Elem. and Martinsville High School. Deadline: Aug. 12th



Football Camp - Martinsville High School Varsity Football Coaches will host a 3 day camp. Camp Tee Shirt included in the registration "FREE" Registration will be July 18, 5-6pm in breezeway to basketball gym entrance from the track. Camp - July 18-20, 6-8pm at MHS Football Practice Field

Cheerleading

Ages 6-13 yr. olds. FEE: \$40, (403-5379) Come join us cheer for our Football Teams! Must fill out registration. Deadline: Aug. 12th Coaches needed. If interested, call 403-5140



Disc Golf Camps

Ages 9-15. Learn the basics of Disc Golf through skill development that will help you be competitive to play the game. Possible leagues might be created if children and teens are interested.

DATE/TIME: Pick from 2 camps - June 14 - 16 or July 19 - 21

All camps will run 6-7pm

LOCATION: Disc Golf Course at J. Frank Wilson Park

FEE: \$10 per camp

Pick either camp



Youth Programs

Mother's Day Planter

Instructor: Aleen Wilson- Participants will learn to use various design elements to decorate a planter for Mother's Day. After each planter is decorated, participants will then plant a flower in their newly created planter to give as a gift for Mother's Day.

DATES/TIMES: Saturday, April 30th 9am-11am

LOCATION: Southern Virginia Artisan Center **FEE:** \$8/student



Mother-Daughter Handbags

Instructor: Betty Blessin - Saturday, Bring a bag lunch. During this class mothers and daughters will have the opportunity to design, sew, and embellish their own handbags. Mothers and daughters can create matching handbags or create individual styles. Each student will complete a handbag to take home.

DATES/TIMES: May 7th 10am-2pm

LOCATION: Southern Virginia Artisan Center **FEE:** \$10/student



Photography Along the Trail

Ages 12 and up Learn the art of photography while experiencing the beautiful scenic trails of Martinsville and Henry County. Students will have the opportunity to print and frame their pictures to create their own works of fabulous art!

DATES/TIMES: JUNE 4 AND JUNE 11, 9A-12:30P

LOCATION: Southern Virginia Artisan Center **FEE:** TBA



Father-Son Woodturning

Instructor: Terry Mitchell **Ages 13 and up.** Fathers and sons will have the opportunity to experience using an electric lathe to each make a handcrafted piece of art to take home with them.

DATES/TIMES: Saturday, June 18th, 10am-1pm

LOCATION: Southern Virginia Artisan Center **FEE:** \$10/student



Fused Glass Jewelry

Instructor: Aleen Wilson During this class participants will learn the various techniques of fusing glass jewelry. Each participant will create several beautiful pieces of glass jewelry!

DATES/TIMES: Saturday, July 16th 9am-10:30am.

LOCATION: Southern Virginia Artisan Center **FEE:** \$8/student



Junior Naturalist Camp

Ages 6 - 8 and 9 - 11. Would you like to be a nature expert? Join our new Junior Naturalist program and learn all about Virginia's natural world. After two weeks of fun, interactive nature exploration, you will be awarded your Junior Naturalist certification. Week 1: Plants, Animals, and Outdoor skills, Week 2: Water, Soil, and the Environment.

Pre-registration required by July 8. Call (276) 634-4185 or e-mail discover@vmnh.virginia.gov for more info.

DATES/TIMES: July 18 - 22 and July 25 - 29, 9 a.m. - 4 p

FEE: One week fee: \$95 members; \$105 nonmembers

OR Two weeks fee: \$170 members; \$190 nonmembers



Creative Kid's College

Creative Kids College

To Register - Call 276-656-0260 Ages 9-14 yr. olds

Your Choice of how many classes you want to attend!!!

Noteworthy Knitting - Instructor: Bethany O'Neil

Prepare for winter by learning to knit during your summer break. Students will try their hand at knitting and complete a project to take home. Beginning and Intermediate Knitters welcome.

Monday-Friday July 11-15, 8:30am-11:30am

Southern Virginia Artisan Center

Fueling Creativity: Junior Motorsports

Instructor: Denver Smith

Learn about a career in motorsports that includes mechanical engineering, electronics and mechanical design. Students will build a model race car and race it using skills learned in class.

Monday-Friday, July 11-15, 8:30am-12:30pm

Virginia Motorsports Technology Center

Have a Blast Working with Glass-Instructor: Amy Reed

Learn the basics of glass cutting, fusing, and slumping during this exciting class. Students will use their creative instinct to create their own pieces of functional and decorative glass!

Tuesdays, June 21- July 19, 8:30am-11:30am

Southern Virginia Artisan Center

Sew Much Fun Sewing - Instructor: Betty Blessin

This class will introduce students to the exciting world of fashion design. Students will learn how garments are designed and produced using machine and hand stitching techniques. Students will produce their own wearable and functional art!

Monday-Friday, July 25-July 29, 8:30am-11:30am

Southern Virginia Artisan Center

Video Game Design & Development - Instructor: Bobbie Hubbard.

Have fun designing your own video games and learning other computer applications during this exciting new computer science field. Participants will obtain software to take home for designing their own games or making changes in games developed.

Monday-Friday, June 27-July 1, 9:00am - 12:00pm

PHCC Frith Center, room 133.

Creative Culinary Arts - Instructor: Derrick Beverly

Start your ovens...It's time to get cooking! This camp will introduce you to the basics of cooking techniques and meal planning. You'll learn to sauté, simmer, and stir-fry your way to a delicious meal!

Monday-Friday, August 1-August 5, 8:30am-11:30am,

Southern Virginia Artisan Center

Call for pricing on all programs together or separate!
Deadline: 1 week before each Class start date

Adult Sports

Disc Golf Tournament

DIFFERENT SKILL LEVELS - Advanced, Intermediate, or Beginner in either Men or Women Divisions, ages 10 and up. Play 1 Round of the full 18 Hole Course.

Call for more info., 403-5140. Must fill out registration form.

Deadline: August 12

Four Divisions - Juniors under 16, Women, Intermediate or Advanced

DATES/TIMES: August 20, 10am - tee off

LOCATION: J. Frank Wilson Park 18 Hole Disc Golf Course

FEE: \$10/person Trophy and shirt - 1st-3rd place in each division



Singles and Doubles Tennis Tournament

Women & Men. Open to all ages 15 and older. Players will be placed in divisions according to skill level - NOVICE, INTERMEDIATE, & ADVANCED. Round Robin Format and top 4 players or doubles teams play in a single elimination Sunday evening.

DATES/TIMES: Aug. 27-28, starting at 8:30am both days

LOCATION: Spruce St. and MHS Tennis Courts

FEE: \$20/person or \$35/doubles team



Coed Adult Softball League

Ages 18 and older. Register at the Parks and Recreation Department, 746 B Indian Trail. Formed teams only! All games are played at Southside Park. NSA Sanctioned. **Call for a Registration Packet - 403-5140.**

Deadline to register team is April 22nd. Expected games start date - May 10th.

FEE: \$325



Softball Home Run Derby

Ten swings, top 50% move to the next Round. 3 Rounds total. MPR provided softballs.

Players can use their own bats but must allow others to use their bat too. **Awards!!!**

DATES/TIME: May 23rd, 6pm FEE: \$10



Men's Flag Football

Men 18 and older. 8 on 8 competition played underneath US Flag Football Assoc. rules. Team must assign a team captain. Team must pick particular color when registering and wear a numbered jersey provided by the team.

DATES/TIMES: First game will be Sept. 11, on Sundays

LOCATION: Smith River Sports Complex FEE: \$380 per team

Interested Teams—Send Team Captain to Captain Meeting August 25, 6pm at the Smith River Sports Complex.



Outdoor & Kayak/Canoeing Programs

Wilderness Survival

Age: 13 and up.

You have seen the reality shows, now learn the techniques first hand. Discover the subtle keys to survival including risk assessment, planning, and decision making. Learn the basics of shelter, food and water that can help you survive those crucial hours in the wilderness. Practice hands on with fire making techniques such as the bow and spindle fire by friction and other innovative methods. For more information or to register please call Smith River Adventure Outfitters at 252-0701 or go to www.SmithRiverAdventureOutfitters.com

DATES/TIMES: Individual Classes - April 16, May 14, July 17 or Aug. 21 1-5pm **LOCATION: Tensbury Drive** **FEE: \$10 per person**



Beginner Kayak Class

Beginner Course (No experience needed and all equipment is provided): Join instructors from the American Canoe Association (ACA) to learn the basics of kayaking. In this workshop students are given an introduction to kayaking and presented with equipment and skills. A basic paddle skill set is presented and practiced allowing students to safely and comfortably maneuver on the water. For more information or to register please call Smith River Adventure Outfitters at 252-0701 or go to www.SmithRiverAdventureOutfitters.com

DATES/TIMES: Individual Classes- Either May 21, July 10 or Aug. 7 **LOCATION: South Mville. canoe access or Beaver Creek Reservoir** **FEE: \$25 per person**



Great American Campout - Paddle and Overnight

Includes boat and equipment rental, dinner Sat night and breakfast Sun night. Paddle from South Martinsville to Sports complex on Saturday. Your gear will be shuttled by the Martinsville Parks and Recreation Department to the Sports complex where dinner will be provided along with a campfire that evening. We will camp there and have breakfast provided the next day and continue paddling to the Mitchell Bridge on Sunday. Dinner and Breakfast by Martinsville Parks and Recreation Department. For more information or to register please call Martinsville Parks and Recreation at 403-5140.

Deadline to register: June 17

DATES/TIMES/LOCATIONS: June 25-1pm at Tensbury Dr. and 26-Noon at Mitchell Bridge-take out **FEE: \$55 per person**



Group Paddle Sports Complex to Mitchell bridge

Age: Teens and up. Take guided trip along a remote section that takes you past Eggleston Falls one of the best spots on the Smith River. Join us for a fun and relaxing day on the Smith River. Whether you've never canoed/kayaked before or have been doing it all your life, you can be sure this trip will be fun and exciting. Space is limited so please sign up. This guided trip will begin at the Martinsville Sports Complex and end at Mitchell Road bridge. For more information or to register please call Smith River Adventure Outfitters at 252-0701 or go to www.SmithRiverAdventureOutfitters.com

DATES/TIMES: July 30th, 9a-2pm **LOCATION: Smith River Sports Complex** **FEE: Kayak-\$30 or Canoes-\$20 person**



Special Events



**LIVE MUSIC
Great Food
Raffles !!!**

OPEN TO ALL CLASSIC AND CUSTOM CARS OR MOTORCYCLES!

May 21, June 18, July 16, Aug. 20, Sept. 17

Oct. 15 - This date will coincide with the VMNH Chili Cook-Off

5 PM - 8 PM **FREE!**



Come out and join car enthusiasts on East Church Street
in UP Town Martinsville!

AROUND THE BIG CHAIR



Stroll the Streets and Enjoy Great Hospitality
Food Vendors, Car Vendors, and Much more...

Bicycle Safety Rodeo

Open to children ages 5-12. Children will learn bike basics, helmet safety and new riding techniques. Children must bring their own bicycle and safety helmet. All children must be able to ride without training wheels and must be accompanied by an adult to participate. Program put on by Martinsville Police Dept., State Farm, Activate MHC, Martinsville Parks and Recreation and Henry Co. Parks and Recreation. Grand Prizes - IPOD SHUFFLES.

Register the day of the event. **"FREE"**

DATE/TIMES: May 7 TWO SESSIONS

Session 1: 10a-11:30a OR Session 2: 12-1:30p

LOCATION: Liberty Fair Mall parking lot



Screen on the Green

Concession provided

Partnership between VMNH & MPR

At Hooker Field events!!!

Children Activities & Showing of a "Box-Office Movie."

DATES/TIMES: May 20, 7p - Crafts/Games, 8p - Movie

LOCATION: Hooker Field FEE: \$2 person 2 & under FREE

OTHER DATES: June 10—Beaver Creek Reservoir

July 8—Southside Park, and Sept. 9 - Hooker Field



Smith River Mini-Triathlon

Run: 1.2 miles along the beautiful Smith River **Paddle:** 1.2 miles on the Smith River's class I rapids. **Bike:** 2.5 miles on paved and natural surface terrain. Experienced mountain bikers for bike leg.

Awards for 1st, 2nd, 3rd place finishers. **All pre-registered participants receive a T-shirt.** **Classes:** Solo—Youth, Male, & Female.

Team—All Male, All Female, Coed different age increments. Call

403-5140 for more inf. Registration brochures are online at www.martinsville-va.gov/Parks-and-Recreation.html or call us for a registration brochure.

DATE/TIME: Saturday, May 21, Registration and check in 9am-9:45am. Race starts at 10am

11:15am—Awards ceremony at Trailhead

LOCATION: Fieldale Trail Head, (Off River Rd., Fieldale, VA)

FEE: \$15 per participant, \$20 fee day of the event

Kayaks & Canoes available to rent - \$15 - Smith River Outfitters,

Must reserve kayaks by calling 252-0701 or canoes - 403-5140 & they will be onsite.



Living Off the Land Family Festival

Saturday, June 4 from 10 a.m. to 4 p.m.

Virginia Museum of Natural History

Join us as we celebrate Virginia's abundance of outdoor and wild-life resources. A wide variety of exhibitors and participating organizations will be on hand at the festival with interactive programs, informative displays, and fun activities for visitors of all ages. Visit www.vmnh.net for more information.

Fishing Clinic

Ages 7-14 yr. olds. Introduce children to the sport of "Fishing," which they will enjoy the rest of their lives. Martinsville Parks & Rec. / Senior Center and Henry Co. Parks and Recreation partnering together to develop this program. **Need volunteers to help run program. Call 403-5260 if interested in helping.**

Sponsored by Angler's Choice

DATE/TIME: June 18, 9am—11:30am

LOCATION: Beaver Creek Reservoir **"FREE"**



TGIF Band Schedule - At the Farmer's Market in Martinsville

April 29th—Pizazz Band "College Night" May 27th—FATZ

June 24th—58 West July 22nd—Poverty Level

August 26th—Johnny White and the Elite Band

September 23rd—Stone Canyon

All concerts will take place at the

Uptown Farmers' Market from 7:00pm-10:30pm.



Smith River Festival

4th Annual event held each year in Martinsville & Henry County Virginia. The purpose of this event is to showcase the Smith River to the surrounding region as a recreational destination through a festival that is filled with entertainment for all. There will be numerous vendors showcasing their talents, food, crafts, and more... Don't forget to sign up for the Smith Downriver Boat Race too that takes place that morning. More information can be obtained from www.SmithRiverFest.com

DATE/TIME: August 13, 10am-5pm

LOCATION: Smith River Sports Complex, 1000 Irisburg Rd.

Smith Downriver Boat Race

This 4.5 mile long river race will take you from the South Martinsville River Access in Martinsville to the festival grounds located at the Smith River Sports Complex in Axton. Free shuttles will be provided to help you get from one river access to the other. More information and registration form can be obtained from

www.SmithRiverFest.com. Call MPR for more info. - 403-5140.

DATE/TIME: August 13, 8-9:15am-registration, 10am-race begins

LOCATION: Put-in and registration - 280 Tensbury Drive

Smith River Sports Complex, 1000 Irisburg Rd. at

4th Annual Smith River Festival

Award's Ceremony - 1pm at SMF 2011



Senior Center Information & Programs

Who we serve... Martinsville Senior Center provides recreational opportunities to adults age 50 & over and transportation services to those 60 & over and to those under 60 who are disabled. The Senior Center also distributes by mail a quarterly newsletter with information containing specific programs. Recreational activities are offered at the Senior Center and several off-site locations.

Services

Transportation - Martinsville city residents age 60 & over and those under 60 who are physically challenged who do not have any type of transportation may sign up by calling the Senior Center at 403-5260. Transportation is provided Monday through Friday 8:30a.m. - 3:30p.m. to medical appointments, grocery store, pharmacy, nutrition site at the Senior Center, Social Services, recreational activities and to other locations that promote continued independent living.

An assessment form is filled out on each person requesting transportation and a determination is made within 3 working days whether you are eligible. There is no charge but donations accepted.

Breakfast/Supper Club

Breakfast Club meets the first Monday of each month at 9a.m. Come join us for food, fun & fellowship. The Supper Club meets the third Thursday of each month at 5:30p.m. Seniors participating in either the Breakfast/Supper Club are responsible for the cost of their own meal. Please see the restaurant locations below:

Breakfast Club

Monday, May 2 - Sirloin House
Monday, June 6 - Mabry Mill Restaurant
Monday, July 4 - No meeting
Monday, August 1 - Location TBA
Monday, Sept. 5 - No meeting



Supper Club

Thursday, May 19 - Jerry's Pizza
Thursday, June 16 - Outback Steakhouse in Danville
Thursday, July 21 - Captain Tom's Restaurant
Thursday, August 18 - Location TBA
Thursday, Sept. 15 - Location TBA



Please note all restaurant locations are subject to change. If you have never attended any of our breakfast/supper club meetings please call us 403-5260 to be placed on our call list, so that we may contact you in case the location changes.

9-1-1 Cell Phone Program

The Senior Ctr. collects old cell phones and has them refurbished and then distributed to seniors for the purpose of calling 9-1-1 only. For more info. on how to receive a phone, call 403-5260.



Weekly Recreational Activities

Tuesdays & Thursdays - 10am - Nature Walks at City's Spur Trail off Franklin St.

Wednesday - 10am - Bible Study at Senior Center.

- 11am - Nutrition Site - Seniors are provided a hot lunch.

- 11:30am - Rook Games at Senior Center.

Thursday - 9:00a.m. - Bible Study at Senior Center

- 12:30pm - Bingo at Senior Center on 1st & 3rd Thurs.

Friday - 9:30am - Bowling at Druid Lanes

- 11:00a.m. - Nutrition Site - seniors are provided a hot lunch at Senior Center (1st & 3rd Fridays only)

Annual Health Fair & Craft Show

Martinsville Senior Center in conjunction with Henry Co. Parks & Recreation, Collins-McKee-Stone Funeral Home, River Community Bank, Team Nurse & PrivaCare will sponsor their Annual Health Fair & Craft Show in the month of May which has been designated as Older Americans Month nationally. Local human service agencies & their representatives will be on site to answer questions. Seniors may take advantage of the following blood work 8a.m.-11a.m.:

Cholesterol & Glucose Screening \$21.00

PSA Blood Test \$16.00

Thyroid Screening \$15.00

Seniors may take advantage of the following screenings at no charge:

Oral Cancer Screening Depression Screening Hearing Screening Blood Pressure Screening Vision Screening Massage Therapy

Local artists & craftsmen will be selling and demonstrating their wares. Kelly Ratcliff will emcee the event and door prizes will be given away. A light breakfast will be provided and lunch will be served from 12noon-12:30p.m. For further information concerning the 2011 Health Fair & Craft Show call the Martinsville Senior Center at 403-5260 or Henry County Parks & Recreation at 634-4644.

DATE/TIME: Thursday, May 12, 2011 - 8a.m.-12:00noon

LOCATION: Laurel Park's Lancer Hall



Public Announcements

SMOKE DETECTORS SAVE LIVES!

Check Your Smoke Detector! If you do not have one or you need a battery for one, come by Martinsville Fire Dept. located at 65 W. Church St. next to City Hall and we will give you one for FREE!

Limited to two per household, City residents only, landlords are responsible for rental property.



Senior Classes & Events

Annual Spring Golf Tournament

Martinsville Senior Center & Henry County Parks & Recreation will again sponsor their Annual Spring Golf Tournament. A light snack & lunch will be served. Call Beaver Hills at 632-1526 to register.

DATE/TIME: Tuesday, May 17 - Tee off at 8a.m.

LOCATION: Beaver Hills Golf Course



Spring/Summer Bowling League

Start your weekend off with a fun-filled morning of bowling every Friday at Druid Lanes. This is a non-competitive league so don't worry if you are a beginner. Our spring season is already in full swing but you can still get in on the action. We also hold Pizza Parties periodically at the Bowling Alley. For more questions concerning our Bowling League please call 403-5260.

DATES/TIME: Every Friday - 9:20a.m practice - 9:30a.m. play begins

LOCATION: Druid Lanes Bowling Alley

FEE: \$1.50 per game, includes ball & shoes



Fun at the Blue Ridge Regional Library

Wii Bowling - The Martinsville Branch of the Blue Ridge Regional Library is offering Wii Bowling for seniors. There will be a tutorial program to show novices how it's done.

DATE/TIME: Thursday, May 5, 2011, 10:30a.m.

LOCATION: Blue Ridge Regional Library, Church St, Martinsville, VA

FEE: None

To register call 403-5446

Introduction to Computers & the Internet

The Blue Ridge Regional Library & the Senior Center will sponsor a four week Introduction to Computers & the Internet class.

DATE/TIME: June 1, June 8, June 15, June 22 - 9a.m. -10a.m.

LOCATION: Blue Ridge Regional Library- Church St. - Mville, VA

FEE: None To register call 403-5260



Fifteenth Annual Martinsville/Henry County TRIAD S.A.L.T. Senior Appreciation Picnic

DATE/TIME: Tuesday, June 21, 2011 - 11a.m.

LOCATION: Jack Dalton Park

FEE: None

Entertainment: Two Young, Two Old



DROP-IN HEALTH SCREENINGS

Amedisys of Martinsville will offer free blood pressure screenings the **third Wednesday of each month from 10a.m.-11a.m.** at the Senior Center. Call the Senior Center at 403-5260 for more information.



Senior Bus Trips

Trips to Blue Ridge Dinner Theatre

DATE: Thursday, June 9, 2011

PLAY: Radio Gals

FEE: \$28 (includes play & lunch, no charge for transportation)



DATE: Tuesday, July 12, 2011

PLAY: Gabriel's Honky Tonk Angels

FEE: \$28 (includes play & lunch-no charge for transportation)

Taubman Museum of Art in Roanoke, VA and Lunch at Hotel Roanoke

DATE: Tuesday, August 9, 2011

FEE: TBD (must pay for admission into museum and lunch - no charge for transportation)

The three above trips will be taken on the Senior Center's 18 passenger mini-bus. Call the Senior Center at 403-5260 to sign-up. First come- first serve.

Greensboro Barn Dinner Theatre (Matinee & Lunch)

DATE: Tuesday, Oct. 18, 2011 **PLAY:** Groovin' **FEE:** TBD

This trip will be taken by chartered bus there will be a charge for transportation.

Senior Dances

DATE	BAND	LOCATION
Tuesday, May 17	Almost Country	Armory
Tuesday, May 24	Cotton & the Country Classic Band	Armory
Tuesday, June 21	Almost Country	Rangeley Ruritan Bldg.
Tuesday, June 28	Cotton & the Country Classic Band	Rangeley Ruritan Bldg.
Tuesday, July 19	Almost Country	Rangeley Ruritan Bldg.
Tuesday, July 26	Cotton & the Country Classic Band	Rangeley Ruritan Bldg.
Tuesday, Aug. 16	Almost Country	Rangeley Ruritan Bldg.
Tuesday, Aug. 23	Cotton & the Country Classic Band	Rangeley Ruritan Bldg.
Tuesday, Sept. 20	Almost Country	Rangeley Ruritan Bldg.
Tuesday, Sept. 27	Cotton & the Country Classic Band	Rangeley Ruritan Bldg.

Please note all dance locations are subject to change. Call the Senior Ctr, 403-5260 if you have questions concerning the dance. Suggested contribution of \$5.00 for seniors age 50 & over and \$6.00 for those under 50.

Programs of Interest



Hiking - Biking Trails



City of Martinsville "Community Gardens"

Reserve your plot "FREE" of Charge. Plots for Community Members to grow their own gardens. Access to water provided!
Call 403-5140 if interested. Must fill out application and abide by rules, e.g., no chemicals. All organics. Reserve your Spot, Call today!
Suggestions for gardening tips and time of year to plant what provided at Extension Office in Henry Co. Admin. Building

Virginia Institute for Natural Youth Leadership (VINYL)

Designed for teachers, environmental educators, and community leaders. VINYL will combine *Sharing Nature* activities and youth leadership development strategies and feature field trips to nearby parks. A limited number of need-based scholarships will be available on a first-come, first served basis. Priority will be given to Martinsville-Henry County educators, and members or organizations that reach under-represented populations. Call (276) 634-4185 or e-mail - discover@vmnh.virginia.gov for more information, scholarship applications, or to register. Register online at www.vmnh.net.
Sunday, June 26 - Friday, July 1, 2011 FEE: \$100 Deadline: June 13
The Virginia Museum of Natural History and Joseph Cornell's *Sharing Nature Worldwide* are teaming up to offer a first-of-its-kind professional development opportunity.

Korean Martial Arts Academy

Any Age. 3 months of Martial Arts. Martial Arts improves mental awareness, conditioning, self-confidence, temper mgmt, weight control, and self defense. 2 days a week. Classes at PHES on Saturday mornings at 10am and pick your 1 class at Holiday Shopping Center each week either Mon, Wed. or Thurs. 6-7pm. **FEE: \$105 Instructor: Harold**
Gravely. Call 632-7360 to sign up and for 1st class.



Cooking with "Paul Farrar" Camp

Ages 12 & up. Adults encouraged to join too! 3 day camp. Introductory to Pasta sauces with chicken, beef, and vegetables.
Last class will be filmed for BTW21 with "Cooking with Paul" and live stream around the world on the World Wide Web.
DATES/TIMES: July 11, 12, & 13, 6-8pm
LOCATION: Artisan Center, Uptown Martinsville FEE: \$35/person



4-H Junior Camp

is the Place to: Make New Friends, Learn New Skills, Build Confidence and Create Memories

Spend a Fabulous...Fantastic...Fun-filled week at the beautiful W.E. Skelton 4-H Education Conference Center at Smith Mountain Lake nestled in the Blue Ridge Mountains. 4-H'ers will board buses at A LOCATION TO BE ANNOUNCED on July 11th and return on July 15th at 12:00 noon.
The cost of camp is \$215 which includes: Transportation, Lodging, Meals, Classes and Insurance.

4-H Junior Camp is for 4-H'ers who were 9-13 years of age by September 30, 2010, and are in the 4th grade and above.

REGISTRATION

April 30, 2011 8:00 A.M. Henry County Administration Building

For more information contact: 276-634-4650

Brian L. Hairston, 4-H Agent, bhairsto@vt.edu



Martinsville

J. Frank Wilson Memorial Park Nature Trail - 0.3 mile Nature Trail - Trail consist of bridge over Park's creek through old tree growth. Tree identification along the trail. Starting at Log Shelter or Off Stratford Court area. Walk
Paved route - 0.7 mile of paved trail through the Park (Off Church Street Ext.). 0.8 mile - combining both trails - LOOP. Bike/Walk.
Dark Hollow - 3.1 mile of mountain biking and walking trail (Off Mt. Olivet Rd. on Stonewall Jackson Trail Drive).
Uptown Spur Trail - 0.6 mile of paved trail (Off Franklin St. in Uptown Martinsville). Travels into the new Dick and Willie Passage. Bike/Walk.
Dick and Willie Passage - 4.5 mile of paved trail (Virginia Ave to Mulberry Creek Overlook). Biking/Walking/Running.
PHCC Trails - 0.8 mile of natural surface along water's edge at Beaver Creek Reservoir. Mountain Biking and Walking. More to come!!!

Ridgeway

Gravelly Nature Preserve - 1.5 mile of natural trail. Hiking only. (Off of Eggleston Falls Rd. in southern Henry Co.).
Doe Run Park - 1.5 miles of natural trail (Off DuPont Rd., off of U.S. 220). Hiking only.

Fieldale

Smith River Fieldale Trail - 1 mile of crushed gravel trail and 1.3 miles of natural surface trail (Off River Rd. (Rte. 57) in Fieldale, turn at the new concrete bridge). Hike/Bike.
Jack Dalton Park - 0.6 mile of paved trail (Off Refuse Rd., off Kings Mtn. Rd. behind Henry Co. Admin. Building) Collinsville, Va. Walk/Bike.
Jaycee Park - 1.25 miles of hiking trail (Off King Mtn. Rd.).

Bassett

Philpott Park Trail System - 1.7 miles of trails (Off Fairy Stone Park Hwy, on Philpott Dam Rd.)
Jamison Mills - 6 miles of Hiking and Mountain Biking Trails.

Fairy Stone State Park - 9 miles of multi-use trails.

Rent the "National Guard Armory"

315 Commonwealth Boulevard West

Rental Fee Structure: \$175 - Basic fee per day

\$50 - Kitchen fee

\$75 - Additional day fee

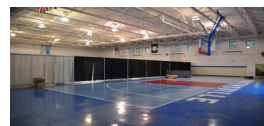
\$50 - Alcohol fee with

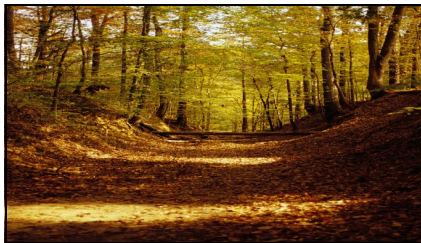
proper ABC documentation *\$50 - Key/Clean up deposit fee* - Returned if facility is found clean and in proper condition

Call 276-403-5140 for more info. or to reserve.

****If the Virginia National Guard becomes activated during the rental period, the National Guard takes precedence over all other activities/rentals.**

THERE ARE NO EXCEPTIONS.





Parks and Shelter Rentals

Park Shelters are available April 1-Oct. 16
Reservations, please call 276-403-5140

Dana O. Baldwin - Swanson St. - 15.5 acres, Ball diamond, picnic shelter w/ grill, restrooms, tennis courts, swings, climber, & spectator stands seat approx. 75. Open and shady areas.

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



J. Frank Wilson Memorial - Old Log Shelter -

Church St. Ext. - 30 acres, skate park, basketball court, walking nature trail, tot-lot, swings, slides, merry-go-round, climber, park benches, Disc Golf Course, restrooms, & extra large shelter w/ 2 grills, & stone fireplace. Shady area. **NEW!!!** - Skate Park

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



J. Frank Wilson Memorial - Hill Shelter -

Church St. Ext. - 30 acres, skate park, basketball court, walking nature trail, tot-lot, swings, slides, merry-go-round, climber, park benches, Disc Golf Course, restrooms, & shelter w/ 2-grills. Shady area. **NEW!!!** - Skate Park

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



Beaver Creek Reservoir -

Redskin Dr. to Boat Ramp Dr. - 175 acre lake, 1 large picnic shelter, picnic tables, large parking area, fishing, boating (no gas powered motors), and restrooms (warm weather only). The most popular sport fish species are largemouth bass, bluegill, black crappie, and yellow perch. Use of the park and reservoir are restricted to the hours of sunrise to sunset.

Shelter Rental Fees

Full day (only): \$30-11am-dark ***Plus \$15 key deposit-refundable**

A boat permit is required to launch boats (\$3/day or \$15/year).

Contact Lake Warden for permits and for more info.—656-5179.

New!!! - Canoe Rentals. Must come to Main Office to fill out paperwork and pay rental fee. \$30/day per Canoe + \$15 key deposit which is refunded. Lifejackets/paddles included in fee.



Jackson Street Park - Jackson & Church Street (.3 acres): Concrete mini-basketball court, swings, slide, ladder arch, merry-go-round, picnic table, & park bench.



West End Park - Cardinal Lane (13.72 acres): Ball diamond, multipurpose basketball/tennis court, restrooms, swings, spring animal rockers, & climber.

J. Russell Mason - Clearview Park - 6.5 acres, Multi-purpose basketball, picnic shelter w/ grills, restrooms, swings, monkey bars, climber. Available for private use. Softball field, and dugouts.

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



Southside Park and Baseball/Softball Complex

Ranson Rd. - 37+ acres, Four professionally groomed baseball diamonds & fields (3-lighted), dug-outs at 3 baseball/softball fields, four section spectator stands, seats approx. 1,000, concession/broadcast facility, multi-purpose basketball/tennis court, four sets of restrooms, tot-lot, swings, slide, merry-go-round, climber, park benches, and large shelter w/ 2-grills. Open and shady areas.

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



Southside Park: is a convenient and professional tournament park. Come experience the southern charm and family atmosphere of our events.

Call for more information & reservation dates open-276-403-5140

Chatham Heights - Garden Lane - 9 acres, Ball diamond, multi-purpose basketball/tennis court, picnic shelter w/ grill, restrooms, swings, monkey bars, & climber. Trail and lots of shade.

Shelter Rental Fees

$\frac{1}{2}$ day: \$30.00 11am-4pm or 4pm-dark
 Full day: \$50.00 11am-dark

***Plus \$15 key deposit- refundable upon inspection**



Cole & Carol Street Park - Cole & Carol Streets (1.60 acres), playground equipment: swings, spring animal rockers, climber, park benches, & picnic area.



Victor A. Lester Memorial Park - Mulberry & Finley St. - (.60 acres), gazebo, and playground equipment: swings, slide, & spring animal rockers.



Spruce Street Park - Spruce Street - (5.2 acres), ball field, & tennis courts.



Oak Street Park - (1.10 acres): Concrete pad and merry-go-round. **Open for Community Garden Spot.** Call for Details!!!

"2011 Mustangs Schedule"



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY/JUNE		31 Thomasville 7:05p	1 at Forest City	2 Forest City 7:05p	3 at Asheboro	4 Asheboro 7:05p
5 OFF	6 Asheboro 7:05p	7 Gastonia 7:05p	8 at Asheboro	9 Thomasville 7:05p	10 Outer Banks 7:05p	11 at Asheboro
12 Petersburg 7:05p	13 at Gastonia	14 at Forest City	15 at Gastonia	16 at Thomasville	17 Forest City 7:05p	18 at Thomasville (doubleheader)
19 at Columbia	20 at Florence	21 Wilson 7:05p	22 Gastonia 7:05p	23 Thirsty Thursday TBD	24 Thomasville 7:05p	25 at Thomasville
26 OFF	27 Catawba 7:05p	28 Asheboro 7:05p	29 at Petersburg	30 Thomasville 7:05p	(end of 1st half)	
JULY					1 Kernersville 7:05p	2 Peninsula 7:05p
3 at Petersburg	4 OFF	5 Thomasville 7:05p	6 Asheboro 7:05p	7 at Thomasville	8 Forest City 7:05p	9 at Forest City
10 at Gastonia	11 at Forest City	12 Thomasville 7:05p	13 at Thomasville	14 at Outer Banks	15 at Wilmington	16 at Asheboro
17 2011 CPL All-Star Fan Fest	18 2011 CPL All-Star Game	19 Thomasville 7:05p	20 at Gastonia	21 Petersburg 7:05p	22 at Thomasville	23 Asheboro 7:05p
24 Gastonia 7:05p	25 Morehead City 7:05p	26 at Asheboro	27 Forest City 7:05p	28 Thomasville 7:05p	29 at Thomasville	30 Gastonia 7:05p
31 Asheboro 7:05p	AUGUST					
				HOME		AWAY
	1 at Asheboro	2 OFF	3 OFF	4 Petitt Cup Playoffs Round 1-Game 1	5 Petitt Cup Playoffs Round 1-Game 2	6 Petitt Cup Playoffs Round 1-Game 3
7 OFF	8 Petitt Cup Playoffs Round 2-game 1	9 Petitt Cup Playoffs Round 2-game 2	10 Petitt Cup Playoffs Round 2-game 3	11 OFF	12 Petitt Cup Playoffs Championship Round 3-game 1	13 Petitt Cup Playoffs Championship Round 1-Game 2
14 Petitt Cup Playoffs Championship Round 3 - game 3	North Edenton Outer Banks Peninsula Petersburg Wilson	South Columbia Fayetteville Florence Morehead City Wilmington	West Asheboro Forest City Gastonia Martinsville Thomasville	Non-Conference Catawba Valley Kernersville	Special Events Special Thirsty Thursday Event June 23rd	



For ticket or sponsorship info call Jim Taipalus at 276-403-5250 or email jtaipalus@ci.martinsville.va.us